



The
Hampton Park
Women's Health
Care Centre

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BACTERIAL VAGINOSIS

From the examination performed today it is suspected that you might have a discharge caused by a Bacterial Vaginosis.

This discharge is caused by an overgrowth of one of the bacteria that can sometimes live in the vagina. In the general population this occurs in 5 – 10 % of women.

Most women at some stage of their life have this condition. It is not regarded as a sexually transmitted disease and as such your partner does not require treatment.

Bacterial Vaginosis can produce a discharge that is noticed by the patient as a white paste or a watery, frothy discharge.

It characteristically has an unusual smell described as musty or fishy. Sometimes it causes vaginal irritation and discomfort during intercourse.

Women with this condition have a greater chance of developing a pelvic infection following the operation and this is why the doctor has prescribed antibiotics for you.

It is important that you take the prescribed antibiotic called “Metronidazole” or “Flagyl”. You should take one tablet three times a day, after food, to help prevent nausea.

Do not drink alcohol for up to 72 hours after finishing the last of the tablets as the two can interact, to make you feel unwell.

The doctor has already given you an initial dose of this antibiotic while you were sedated, in the form of a suppository.

Tampons can alter the normal bacteria in the vagina so it is recommended that you avoid the use of tampons until the condition has cleared.

If the condition does not clear it is best to contact your doctor or ask us for further advice and treatment.