



## **COUNSELLING**

What counselling services are available?

If you are feeling confused about your decision, then counselling might help you to work through the issues affecting your decision. Counselling is also very helpful in providing you with information regarding what options are available to you and also about the procedure. You will have the opportunity to discuss your decision and to ask questions.

Many patients find this reassuring as they feel informed and also have the opportunity to come along and to meet with the doctor and staff before the procedure. Remember, the decision is yours but that there are many people available to help you. Some people prefer to have counselling through another source such as their local doctor, a psychologist or with Family Planning Victoria. These are also good sources of help. If you feel that we can help you with counselling then feel free to call us for an appointment on 03 9799 2817 or by using the contact us page.

For a comprehensive list of counselling services please also visit:

Patient info: useful links